

HEALTH AND SAFETY **SLINGING AND LIFTING**



Course Objectives

- To achieve knowledge and practice in the safe and correct methods of lifting and slinging
- To acknowledge the operators responsibilities under the Health and Safety at Work Act 1974 and BS 7121: Safe Use of Cranes
- To be able to identify, inspect and correctly use a range of slinging equipment and lifting machines

Location:

NLT Training or employers premises if suitable

Duration:

1 Day

Designed For

Necessary for all personnel involved in the operation of overhead lifting machinery and the slinging of a variety of components using a range of slinging methods and equipment.

Course Content

- Operator's responsibilities within the Health and Safety at Work Act 1974.
- Dealing with Lifting Equipment
- Dealing with Cranes and lifting machines.
- The requirements of BS 7121: Code of Practice for Safe Use of Cranes.
- Job Analysis and production of method statements.
- Weight Estimation and Fault Analysis.
- Lifting Operation and Lifting Equipment Regulations (LOLER)
- Work Equipment Regulations. (PUWER)

Assessment is theory and practical. Please bring PPE.

www.nlt-training.co.uk

T: 0845 40 80 378

E: sales@nlt-training.co.uk

