



Course Objectives - Manual Handling

By the end of the session candidates will be able to:

- Explain what is meant by the term "Manual Handling"
- Give examples of Manual Handling Injuries
- State principles of controlling Manual Handling
- Demonstrate an understanding of Manual Handling, Risk Assessment and Control Measures

Course Content

There will be a multiple choice question paper at the end of the session. On successful completion of the test, candidates will receive a CIEH certificate of achievement.

Designed For

All personnel who have to undertake manual handling tasks

Location:

NLT Training or employers premises if suitable

Duration:

1/2 Day