

FIRST AID EMERGENCY FIRST AID AT WORK



Course Objectives

To give the Appointed Person the confidence to deal with and take charge in case of accident or sudden illness in the Workplace

Designed For

Those people in the workplace who are to act as the Appointed Person for First Aid

Course Content

- Assessing the situation
- Heart Attack, Unconsciousness
- Poisoning, Bleeding, Choking
- Fractures
- Shock, Epilepsy & Diabetes
- Principles of Resuscitation
- Contents of First Aid Box
- Hygiene Precautions
- Asthma, Allergic Reactions & Disorders of the Heart

The HSE recommend your certificate is renewed annually. Certificates can be renewed by attending a 1/2 day refresher course.

Location:

NLT Training or employers premises if suitable

Duration:

1 Day

www.nlt-training.co.uk

T: 0845 40 80 378

E: sales@nlt-training.co.uk

