

FIRST AID AT WORK (From October 2009)



Course Objectives

To enable the nominated First Aider to be confident in the theory & practical treatment of casualties

Location:

NLT Training or employers premises if suitable

Designed For

Any employee who is to be a qualified First Aider in the Workplace, to help the employer meet his duty under Health and Safety (First Aid) Regulations

Duration:

3 Days

Course Content

- Resuscitation, Control of Bleeding, Shock
- Management of the Unconscious Casualty
- Contents of First Aid Boxes; Purchasing of First Aid Supplies
- Transportation of Casualties
- Recognition of Miscellaneous Illnesses
- Injuries to Bones, Muscles and Joints
- Minor Injuries, Burns and Scolds
- Poisoning, Eye Irrigation
- Record Keeping
- Personal Hygiene when treating wounds
- References to Hepatitis B & HIV
- Communication and delegation in an emergency

The HSE recommend your certificate is renewed annually. Certificates can be renewed by attending a 1/2 day refresher course.

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